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2021

## EXPLORE

...explore and discover  
my Career options and  
reflect on what I'm  
learning about myself

## ENCOUNTER

...discuss and evaluate  
my Career options,  
narrowing them down  
by reflecting on what  
is important to me

## EMBARK

...take ownership of my  
Career choice, applying  
my self-awareness to  
make good applications  
and feel confident  
in my choice

**As a result of  
attending this  
one-to-one guidance  
appointment,  
I will...**